



Social Media Statement

Version 1

Last updated: 22/09/26

LS Therapies uses social media for both personal and professional purposes. If you use social media yourself, there is a possibility that you may come across our professional or publicly available online activity.

You are welcome to view LS Therapies social media content without liking, commenting or otherwise engaging with it. If you choose to like, comment on or interact with a post, please be aware that these interactions may be visible to other people who visit the page.

LS Therapies have other colleagues, family members and friends who may follow or interact with our social media accounts. Your privacy will always be respected, and you will never be identified or acknowledged publicly as a client.

LS Therapies will respond to appropriate messages and comments on professional social media accounts where appropriate. However, social media will not be used to provide counselling or therapeutic support. Please do not contact us about something relating to your private counselling.

Social media should not be used to contact LS Therapies in an emergency or when urgent support is required. Please refer to the information provided about accessing appropriate support in an emergency.

To maintain appropriate professional boundaries, LS Therapies will not accept friend requests or personal connection requests from current or former clients on personal social media accounts.

If you have any questions or concerns about this social media statement or how social media interactions are managed, please do not hesitate to get in touch: lstherapies@outlook.com